

HDLAC STAR AWARDS RECORD SHEET

Age Group: **U6B**

Athlete:

EVENT	YELLOW			GREEN			RED			BLUE			GOLD			
	Required	Achieved	Date	Required	Achieved	Date	Required	Achieved	Date	Required	Achieved	Date	Required	Achieved	Date	
50m	Running Lvl 1			Running Lvl 2			Running Lvl 3			10.94			10.19			
70m											15.57			14.49		
100m											22.71			21.13		
200m											48.49			45.10		
300m											1:18.51			1:13.00		
Long jump	LJ Lvl 1			LJ Lvl 2			LJ Lvl 3			2.11			2.41			
Discus (350g)	Discus Lvl 1			Discus Lvl 2			Discus Lvl 3			9.24			11.23			
Shot put (500g)	SP Lvl 1			SP Lvl 2			SP Lvl 3			4.74			5.67			
2021/2022 Season	Date Awarded: Signed:			Date awarded: Signed:			Date awarded: Signed:			Date awarded: Signed:			Date awarded: Signed:			